



Eyelash Extensions Pre/Post Application Care and Maintenance

Pricing:

New Client/Full Set:	\$225
Returning Client/Full Set:	\$175
ReLash (up to 20 lashes/eye):	1 week - \$30 2 week - \$50 3 week - \$70 *4 week - \$100+
	<i>ReLash is recommended at least every 2 weeks to maintain fullness and desired look.</i>
	<i>*4 week ReLash price depends on # of lashes remaining - Returning set price will be charged as warranted.</i>
Colored Lash Highlights:	\$10 extra (added to set or relash price)
Eyelash Removal/Repair:	\$20+ (based on work needed to remove/repair extensions applied by another stylist)
Essential ReLash Club:	Join and receive a basic ReLash 2 times per month (due in advance each month - must complete 2 fills/month, doesn't roll over)
	Up to 3 months (savings of \$50) \$250
	Up to 6 months (savings of \$100) \$500
	Up to 12 months (savings of \$225) \$975

What are Eyelash Extensions: Xtreme Lashes® eyelash extensions are made individual synthetic eyelashes curled to look like a natural eyelash. They are thicker at the base and taper to a fine point which adds thickness and length to your own lashes. They are individually applied to your natural lashes using a specially formulated bonding material. Applying eyelash extensions is a very careful and intense service that requires skill and precision and should only be applied by an experienced lash stylist that is trained and certified in the process. Self-application, or application by someone who has not received the proper training, could provide an unnatural result or lead to lash damage or eye injury.

Are Eyelash Extensions Right For You? Almost anyone can enjoy the benefit of eyelash extensions, but certain conditions can make them inappropriate for you: If one or more of the following conditions applies to you, or you have a particular concern, you may not be a good candidate for eyelash extensions:

- **You Rub Your Eyes Frequently:** You suffer from seasonal allergies or just find you have a tendency to rub your eyes excessively.
- **Sensitive Skin:** Although eyelash extensions are not applied to the skin, allergic reactions are possible from the adhesive, under-eye pads or latex gloves. The area around your eyes is easily irritated by skincare products or cosmetics. *Clients with known allergies should alert the lash stylist prior to beginning the procedure.*
- **Medical Illnesses:** A common cold, or sinus infection, can cause irritation and/or eye secretions which can cause inadequate bonding of the adhesive and premature loss of your eyelash extensions. You suffer from this or other medical illnesses, you are undergoing chemotherapy, or other medical treatments.
- **Conditions That Affect Eyelash Growth:** You have no natural eyelashes. Since eyelash extensions are applied to your own natural lashes, you must have lashes in order to apply lash extensions. Your own lashes are unhealthy or you suffer from conditions that affect eyelash growth.

Before Your Appointment: You should have received a Personal Information and Medical History form, Consent and Release form and informational material regarding your elected procedure or service. If not already done so, you will be asked to complete them. I will consult with you about your reasons for getting this/these treatments, your current physical condition, medical history, stress level and other pertinent information in order to make this a more valuable experience. You should expect a peaceful and comfortable environment for your service or treatment. You should be able to forget about work, school or daily life stresses. Please notify me of any distractions, whether from physical discomfort, room temperature, music volume, or any other source.

Because this procedure can take time, it is important that some things be done prior to arriving for your appointment:

- Please remove all eye makeup with a mild, oil-free cleanser prior to your appointment. Eye makeup can interfere with the adhesive bond and shorten the lifespan of your lash extensions, so it's very important your natural lashes be as clean as possible.
- If you are a contact lens wearer, please remove them.
- Wear comfortable clothing, a blanket will be provided should you get cold.
- To make you as comfortable as possible and to avoid delays, please visit the bathroom before your procedure.

During Your Appointment - What To Expect: You will be comfortably reclined on a treatment bed. Lash extension application requires the use of specially designed lash application instruments and bonding agent around the eyes so it's very important that you keep your eyes closed and remain still during the entire process until otherwise advised.

It's highly recommended that all eye makeup be removed prior to your appointment, but if not, it will be removed as much as possible prior to starting the procedure. Your bottom lashes will be protected with a small under eye pad. Each synthetic lash is dipped in a medical grade bonding agent and applied to an individual natural lash.

The number and length of lashes applied is determined by the desired look, as well as health and thickness of your own natural lashes. The entire procedure generally takes between 90-150 minutes for a full set and as little as 30-90 minutes for refills.

Note: If you arrive with eye makeup on, I will remove it as much possible, but I can't remove it as well as you could at home. This could affect the bonding process and shorten the lifespan of the lash extensions. So, please remove all makeup prior to your appointment.

Post-Application - Care and Maintenance Instructions:

Though easy to maintain, proper care and maintenance will ensure the life of your lash extensions.

The first 48 hours are crucial for the adhesive to dry and provide a strong, durable bond. Therefore, it's very important to adhere to the following instructions:

- Keep them dry. Avoid showering, washing your face with hot water or wetting your lashes.
- Avoid swimming or exposure to steam, heat or saunas.
- Avoid oil-based creams and lotions on, or around, the eyes.
- Do not apply eyelid or lash makeup.
- Avoid eyelash tinting, perming or chemical treatments.
- Avoid chemical peels, waxing or laser treatments around the eyes.
- Avoid sleeping on side or stomach.

After the first 48 hours: Although the adhesive has dried, certain activities can weaken the adhesive bond and result in premature loss of your lash extensions. Therefore the following guidelines are recommended:

- You can swim, shower and exercise as usual but avoid excessive exposure to heat or steam.
- Be gentle, don't rub your eyes excessively and don't pick or pull on the lashes as it can pull your own eyelash out along with the extension.
- Avoid oil-based eye care products or oil-based eye make-up remover. Use of oil-based products can weaken the adhesive bond. I recommend using **Xtreme Eye Makeup Remover and Facial Cleanser®** and **Lint-Free Xtreme Applicators®** to gently remove eye makeup and cleanse your lashes and eyelids.
- Use of mascara may reduce the lifespan of your lash extensions. Although not needed, water-based mascara may be used if desired, but apply sparingly and remove gently. If you choose to use mascara, I strongly recommend **Xtreme Lashes® Mascara**, applied to tips only. I also recommend **Xtreme Protective Coating®** to help seal the adhesive and create an even stronger lash bond.
- Avoid eyelash curlers as they can damage both natural and synthetic lashes.

Potential Risks - Eyelash Extension Application and Safety: Xtreme Lashes® eyelash extensions are applied to the lashes and not the skin and are completely safe and painless. Xtreme Lashes® chose to follow the standards set by the US Medical Industry and top US Surgeons in producing their adhesive. The bonding adhesive used with Xtreme Lashes® eyelash extensions is the same ingredient used by plastic surgeons to close wounds in place of traditional stitches. Although the procedure is easy and painless, it is still one that requires training and expertise to avoid injury to eyes, lids or natural lashes. That is why the technician must be a trained professional in cosmetology, esthetics or nursing and have successfully completed a hands-on training class in order to perform the procedure properly.

Failure to follow pre and/or post-application care instructions and maintenance, for initial as well as subsequent re-lash applications, may cause irritation, reaction, eyelash loss, and other side effects. Other possible risks may include, but are not limited to, allergic reaction to the adhesive, under-eye gel patches, latex and/or other products, transient eye redness and irritation from the procedure and/or adhesive material becoming dislodged during or after the procedure, eye pain and/or discomfort and, in very rare occasions, permanent loss of natural lashes, eye injury or blindness.

I strongly urge clients to notify me during the intake and evaluation process if allergies, or other health issues, are a concern. If you feel you are experiencing an adverse symptom or allergic reaction contact your physician or healthcare provider immediately.

Please contact Crystal's Essentials at **940-383-9717** or email **info@CrystalsEssentials.com** with any questions or concerns or to schedule follow-up appointments.

Thank you!

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